

Horses Helping People



In this time of quickening energies, we recommend the following workshops to realign and empower yourself!

Feel the Magic

Come and experience the healing energy of the horses and all of nature at our sanctuary just north of Toronto. Walk on our land and feel your body relax allowing you to access your inner balance at our two day workshop '**Discover Your Inner Self**'.



At our last workshop in March, our participants shared incredible insights and healing through the wisdom of our horse teachers.



"Horse Spirit Connections exceeded my expectations in so many ways. The farm is such a blessed, safe and peaceful place. Wendy and Andre guided the group at a perfect pace for learning and enlightenment. I discovered my heart brain while working with a gentle and wise horse"

B. Elkins, Hamilton



"What a great way to help open my heart to so much more in life. Thank you!"

S.Kurtz, Aurora



Learn to access your heart connection in ways that bring balance and harmony back into your life. Through the wisdom of the horse you will experience the power of being present and connected with your authentic self.



Discover Your Inner Self Workshop **Saturday & Sunday April 27 & 28, 2013**

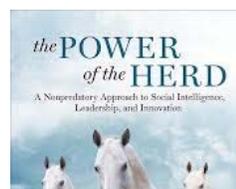
You are invited to connect with the horses' healing energy, and re-acquaint yourself with your magical self.

Reserve your space today, call 905 936 4450 or email wendy@horsespiritconnections.com

No horse experience necessary. All the work is done on the ground.

Become the Leader of your life!

While the horse is a powerful archetype, real-life interactions with these wise animals can teach you social intelligence, non-predatory power, and the reality of



subtle energies exchanged in relationships.

This one day workshop is based on **Linda Kohanov's** just released book : *The Power of the Herd: A Nonpredatory Approach to Social Intelligence, Leadership, and Innovation.*



Learn from Linda's **Twelve Guiding Principles** how to experience the expanded awareness of a mature herd leader. We will focus on two of her guiding principles:

Principle #2 Listen to Your Horse

Your body is the horse your mind rides around on - a sentient receiver for non-verbal information. Learn to gather information in unfamiliar situations, develop fresh approaches to challenges, and sensing the unspoken feelings and concerns of others.



Principle #4 Master Boundaries and Assertiveness

Learn how to hold your ground and motivate others using a simple formula for assertiveness.

Experience Horse Sense as you empower yourself to be the pioneer for your life.

Register today to attend this unique one day **Authentic Leadership Workshop** Saturday May 11, 2013

Call 905 936 4450 or email wendy@horsespiritconnections.com

Horse Spirit Connections
Where Horse Wisdom leads to Human Insight

www.HorseSpiritConnections.com



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