

Having trouble viewing this email? [Click here](#)

Hi, just a reminder that you're receiving this email because you have expressed an interest in Horse Spirit Connections. Don't forget to add [andre@horsespiritconnections.com](mailto:andre@horsespiritconnections.com) to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



HORSE  
spirit  
connections



## Inner Wisdom and Guidance



I want to share my story of how I was called to share these incredible teachings with our wise horses. It is a story of magical connections culminating in a life being lived full of heart and joy.

Being passionate about horses all my life, I took up riding again in my thirties and joined the Governor General's Horse Guards in Toronto, where I participated in the precision riding of military parades and the grace of musical rides. I loved the thrill of galloping down a field, sword at the ready, piercing a target and raising it high in triumph! I went on to play the noble sport of polo, experiencing that incredible trust that exists between horse and rider, in mutual partnership.

After a bad fall and serious injury to my neck, I sought another way to express my passion for life and stay connected to horses. Shamanism was part of the answer. I learned the interconnectedness of all things and a way of seeing from the heart for the purpose of accessing spiritual guidance. After studying with inspirational teachers for twelve years, both Andre and myself became Shamanic Coaches and Practitioners, guiding others in fostering a deeper connection and relationship with nature and self.

During a traditional rites of passage ceremony, I asked Spirit what my role in life was. I saw these incredible visions of myself as a medicine woman - helping people with the horses as the teachers and healers, interacting with them on the ground. I was confused as I had only related to horses on their backs. We had twelve horses that



knew how to play polo in our horse barn. How could I achieve my vision? After describing what I saw, someone directed me to Linda Kohanov. Traveling to Arizona and experiencing first hand the powerful teachings from Linda and Kathleen Ingram and the horses, I knew that this was the magic I wanted to provide to the world of humans and horses. Combining the healing modality of Shamanism with the wisdom of the horse opened a new world of incredible possibilities.



Many thanks and gratitude goes to my life and business partner Andre, who provided unstinting support for my journey. Together we founded Horse Spirit Connections, a not for profit corporation, in 2005. In 2008, we established the FEEL Certification program where we provide training for people who are also called to do this transformational work with people.



We wanted everyone to have the opportunity to grow and learn through these two major life paths that have had such an influence on how we experience the day to day joy of living our purpose with heart! So in February of 2013, we established the first Wisdom Circle Path program with twelve people who were seeking their truth in the mystery of life. In this enriching program we combined the ancient teachings, ceremonies and healing practices passed down from the wisdom of the indigenous peoples of North and Central America together with the powerful medicine of our master horse teachers. These twelve seekers are nearing the completion of their first year.

This fall, we have launched our new website [www.HorseMedicineLodge.com](http://www.HorseMedicineLodge.com) to bring a wider awareness to this spiritual wing of Horse Spirit Connections. We have opened the enrollment for our next group of seekers for the Wisdom Circle Path program which begins this November. We invite you to discover more of the life YOU came here to live!



Contact us at 905 936 4450 or [Andre@HorseSpiritConnections.com](mailto:Andre@HorseSpiritConnections.com) or [Wendy@HorseSpiritConnections.com](mailto:Wendy@HorseSpiritConnections.com) for more information on how to start your journey.

**[CLICK HERE to learn more about the Horse Medicine Lodge](#)**

## Wisdom Circle Path

*"For most of my adult life I've been drawn to shamanic or 'earth-based' teachings. On my life journey, as I read various books and took self-development workshops, these were the teachings that most resonated with me. And yet, I was never able to bring them fully into my everyday life.*



*In this first year of Wisdom Circle Path, that has all changed. My connection to self and others, nature and all her beauty is something I embrace and learn from every day. I understand on a much deeper level, who I am and what my life's purpose is. The teachings and ceremonies help heal and guide me to a life of wholeness and joy.*

*If life is a journey, then this is the most amazing way to travel it."*

*Janis, Earth Womb Guardian*

**[CLICK HERE to learn more about the Wisdom Circle Path](#)**

## Upcoming Workshops

Discover Your Inner Self: November 9&10, 2013

*Our last horse workshop this year!*

[\(More info?\)](#)

### 'FEEL' Facilitated Equine Experiential Learning:

FEEL is a leading-edge modality for developing human potential. Participants learn to create a horse-centered, experiential learning environment that supports personal growth. Throughout the training, prospective FEEL facilitators gain self-knowledge and acquire skills and experience to develop their own FEEL programs where horses are valued for their roles as teachers and therapists. Our next six month course begins May 2014 in Ontario, and March 2014 in Ladner BC

[\(More info?\)](#)

Like us on Facebook!

## Horse as Teacher

Wendy wrote a great article on the work we do with horses along with some wonderful stories from FEEL graduates. It was published this month in the [Equine Wellness Magazine](#) (Oct.-Nov. 2013 issue) and can be found at some tack shops across Canada. And just in case you can't get your hands on a hard copy, [click here to download the article.](#)



## When Love Prevails

By Jackie Ladouceur, A FEEL Graduate

Windsor is a bold, brilliant, beautiful horse and not only has he graciously been a powerful mentor and teacher for me, he has courageously travelled willingly into the sacredness of the horse human bond. Only now have I truly been awakened to a greater depth of power of this somewhat mysterious, but enlightening union in which I am so very humbled to have only begun to journey with this magnificent being. The experience in which I am about to share has enriched my life in ways that I would not likely have found through my human way of being. Not only did it



rock the foundation on which this partnership was built upon but it has truly transformed itself into a testament to the work we are called to do as FEEL facilitators and Guardians in deepening and preserving the horse human bond.

A Warrior by heart with an intense nature to fight to the end for what he believes in, he will go to great depths to protect and defend. His brave and energetic presence along with his

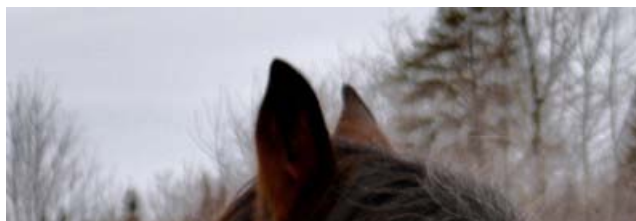
gifted ability to stay so deeply rooted in the earth is intimidating to most but yet so fascinating and beautiful to the many that are deeply drawn to him. Through mutual understanding and in staying authentic with the beliefs so deeply rooted in our FEEL concepts, we truly honor his individuality. Through this way of being with horses, he has allowed me to fully witness the duality of his true nature and presence. This respectful and highly authentic partnership has allowed us to gracefully

dance within the leadership dynamics of the horse human bond. His consistency and commitment in developing this bond has continually showed me the fine line that encases the foundational principles of mutual trust, love, respect and heart-centered leadership.

In honoring his nature as an explorer, like a true warrior, his heart's desire is to "go where we have never travelled before". Through learning more about his nature over the years, we have learned to set healthy boundaries around his courage to explore and having recently moved to a new facility he was anxiously awaiting the first opportunity to do so. On our first departure from the farm on an early rainy morning, we ventured out for a casual hand walk down our country road. As a very grounded and experienced trail master he has always been a very reliable and safe lead horse, willing to travel first through new territory and has never been overly reactive to cattle or other domestic animals. However he has always had a very keen sense and heightened awareness for wildlife in the area and a rather defensive and strange infinity for moose. Encounters with moose wintering on the property at our previous facility have heightened his instinctual nature to defend his herd and when the moose were present he had consistently become unmanageable for human handlers. Staying true to our beliefs in allowing horses to be as authentic and natural as possible, we have always respected and honored his lead role and responsibilities within the herd but also within the provisions of both his safety and ours.

Midway through this very casual and peaceful walk we came upon a field of grazing cattle and things took a drastic turn for the worst. Suddenly he became extremely agitated and defensive with the cattle and knowing his nature, from a safety perspective I became very concerned with his behavior. Upon quickly checking in with him it was clear that he was associating the cattle to moose and his behavior quickly intensified and the situation became unmanageable and dangerous. Always using a 12 foot lead to give my horses more freedom when they are fearful or feeling stuck, I calmly allowed him a few moments to sort things out. I was hoping that he would come to a familiar association with the cows and at this point he was not yet trying to bolt away from me. As he began moving blindly in all directions around me, he eventually ended up on the wet pavement and immediately lost his footing and fell down onto the road. Scrambling on his side and attempting to get himself to his feet, the slippery pavement only created a space for entrapment and fear. I could smell the burning of his hooves as he struggled to free himself and as helpless as I felt for him, the only thing I could do was continue to give him the freedom to find his way out. As soon as he was on his feet he shifted into full-fledged panic and I knew that he was no longer concerned with anything but saving his life. He was clearly making an instinctual decision to run. This was the moment, the moment in which I felt a gut wrenching twist of fate and I too feared for his life. As if all time were standing still, my heart filled with a wrenching intensity of sadness and loss but yet opened up in a way to him that offered unconditional love and gratitude. I knew in my heart that no amount of physical strength or force could ever prevent him from running and save him from his likely tragic fate. As if being thrown into the eye of a storm, there was a sudden calm that came over us and although I was still consciously observing a very chaotic situation, we were energetically weaving into a higher state of consciousness. I clearly remember my feet being heavily grounded but felt almost non-existent in my physical body. It was clear that only the force and strength of what we had to offer each other in the unity of such an incredible bond would allow us both to surrender to what was being offered in the moment. The intense nature of this energetic union of heart and soul was somewhat comforting in knowing that the message I would send to him would be heard. With a telepathic resonance and deeply rooted in love, the clear channel for my message was open. "If you run you will die. You are safe...with me". And in that moment we knew that a divine choice was being offered and his soul's decision would truly be honored. My humanness was overwhelmed in grief, but my soul was fully present in honoring the choice that this beautiful soul would make. As seconds seemed like an eternity and embraced in the purity of this sacred unity his full surrender to his instinctual nature was offered purely in the sanctity of the horse human bond. Our journey home was less than gracious but gently guided and protected by this newly discovered shield of armour...the horse human bond.

Upon return to the farm, he was released into his herd and in his exhausted state his wounds were easily assessed. As the reality of such a near tragedy set in the tears



began to flow. He often returned to where I was standing and through his repeated yawning assisted in releasing the energy from this traumatizing event and also to help ground such an incredible experience. While driving to purchase his wound supplies and pain medication, I was still accompanied by a deep sense of sadness and loss. I suddenly recalled a startling dream I had a week prior to this incident. The dream was extremely vivid and emotionally grounded in deep sadness and loss. He had come to me in spirit in this dream in which he had just recently died after tragically being killed by a car. It had taken me several days to release the energy from this dream and I was reluctant to discover the messages from it in fear of facing that I could possibly be losing him. At the moment of the dream recall, I instantly connected to what I was still feeling even after managing to return him safely back to the farm. Once acknowledging the connection between the incident and the dream those feelings quickly dissipated.



I am convinced that the recall of the dream was a validation and a testament to the strength of the horse human bond. I know now in my heart that had he chosen to run in his panicked attempt to return to the farm he would have tragically been killed by a car and that too would have been validated through the same dream. It is with an open heart, that I am so very grateful to be sharing a story in which I have experienced a twist of fate divinely led by the intervention of the horse human bond. Windsor, this true Warrior horse, has now opened the gateway of possibilities for this partnership to discover more about the dynamics of the horse human bond and has strengthened my belief system in the work we are called to do as FEEL facilitators. We are just one of the many testaments to the power of this bond and what I now know for sure, is that if I as a human had not been called to change my way of being with horses, I would be honoring his life today with a very heavy heart. Perhaps we are not always aware of just how far we have travelled on this journey, but we need always be aware that in all that we have done and on whatever path the horses choose to takes us, the magical transformation of the horse human bond is expanding around us everywhere. From our hearts to yours, we bow to the magnificence of the horse human bond and as Warriors on this magical journey may we always be encouraged to 'go where no one has gone before'. Aho!

Quick Links:

**Horse Spirit Connections website**  
**Horse Spirit Connections Facebook page**  
**Horse Spirit Connections You Tube channel**  
**Horse Medicine Lodge website**  
**FEEL Alumni webpage**

Psst...

Can you keep a secret...

Aria is pregnant!

Copyright © 2013 Horse Spirit Connections. All Rights Reserved.

[Forward this email](#)

 SafeUnsubscribe™

Trusted Email from  
**Constant Contact**  
 Try it FREE today.

This email was sent to andre@horsespiritconnections.com by [andre@horsespiritconnections.com](mailto:andre@horsespiritconnections.com) | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Horse Spirit Connections | 1034, 10th sideroad | Tottenham | Ontario | L0G 1W0 | Canada