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Hi, just a reminder that you're receiving this email because you have expressed an interest in Horse Spirit Connections. Don't forget to add andre@horsespiritconnections.com to your address book so we'll be sure to land in your inbox!

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Horse Human Connection

Spring is that wonderful time of year when the sap is running, the birds are singing, the sun is warm on the earth, and the brown grass is starting to green up. Our horses respond by running and leaping down the fields through the soft earth, flinging clumps of mud through the air; then finding that perfect spot to roll from side to side, coating their bodies with gooey mud. Being content, they lay down and relax in the warmth of the sun's rays.

Just as the horses kick up their heels at this invigorating time of year, so do people "wake up" from the long winters hibernation. We find our way outside, being part of nature once more. It is a time to embrace life: to open ourselves and connect more fully to the vibrancy of our soul!

The horse human connection is a powerful bond between two species, continuing to grow deeper and deeper over thousands of years. Now the horses are impacting people in a way that furthers our human soul development. Horses are naturally gifted with incredible instincts, observational skills, and emotional intelligence. Being a prey animal, they are reading the slightest nuance and energy shift in their environment. When you couple these abilities with the sentience of the horse, horse teachers are born.

What is a horse teacher? This is a horse that is not just a horse anymore. This is a horse that looks deep into a person's soul and connects with that person on so many levels. They may stand next to you and invite you to join them in an intimate heart connection. Feeling "felt" by a horse is an extraordinarily profound experience that can promote a deep sense of peace, of connection with something greater than ourselves. This relationship with a horse illuminates our inner world and opens the doorway for you to connect with yourself in a deeper more connected way. From this opening, your 'real' self emerges and tremendous insights take place. They create balance in your life by uniting your mind, heart and body as one.



Horse teachers also work energetically with physical blockages or chakra imbalances. They 'read' your energy field and draw your attention to a particular area or just send healing energy to harmonize your body. Their language is 'horse speak'. They are Masters at nonverbal communication and they teach us how our bodies are speaking all the time. They also speak telepathically directly to our hearts and minds, helping us dream awake new possibilities.

For 10 years we have seen and been part of the magick that is created through this horse human connection that changes people's lives.

Hope is renewed during this time of awakening spring growth. Come and connect with our wise horse teachers. You will never forget it!

May your days be infused with horse magick

Wendy

*"Hope is the thing with feathers
That perches on the soul
And sings the tune without the words"*

And never stops - at all"
Emily Dickinson



Like us on Facebook!

My Experience at Horse Spirit Connections:

I gave Wendy a call to inquire about her FEEL program that she offered; after speaking with her I thought this could work for me! I have been riding for over 40 years, volunteering my time to help people with different needs. I visited and met Wendy and their herd of horse teachers. It is now two weeks later and I still continue to share my experience with whoever will listen!

I always felt I have had a true connection with horses but after just one activity that Wendy guided; life feels different. I was introduced to the herd of 8 horses and asked not to speak or touch the horses, just observe their behavior and mine too!

During the activity, one horse in particular stood out - Thor! Watching how a couple of the horses interacted with me, Wendy asked me if I had problems with boundaries; I answered in the affirmative and she mentioned there were two horses, Thor and RedMan, who would like to teach me a lesson about this.

I choose to work with Thor, whom I had some fear with, but he was the horse I connected the most with. We worked through an activity that left me truly understanding that yes I do not keep true to the boundaries I set for myself and I was not always quick to observe the boundaries that Thor set for himself.

I'm not sure if life will allow me to facilitate a FEEL program of my own but I will continue to listen, observe and connect with my equine friends. Although I just took a quick session, the lessons to be taught by our equine friends are truly remarkable.

Michelle Carroll



Here is our Workshop lineup where small groups of people (six) share their experience. The group that comes together is always perfect and the energies are multiplied within this dynamic setting.

Private sessions can be booked at any time by calling 905 936 4450 or emailing wendy@horsespiritconnections.com.

Discover Your Inner Self Workshop

Through the Way of the Horse

May 30 & 31, 2015



Modern life leaves you little time for yourself and yet it is that very connection with your authentic self that allows you to flow with the stress and hectic pace of daily living. In this workshop you can learn to access that connection in ways that brings balance and harmony back into your life. Through the wisdom of the horse you will experience the power of being present and connected with your 'real' self.

Learn how expanded awareness strengthens your intuition and how to set healthy boundaries. You will gain knowledge and acquire skills leading to positive life changes.

We have a few spots left for this two day workshop to discover for yourself how the horse offers a journey of self-discovery and transformation in all aspects of your life.

Download the Discover Your Inner Self Flyer, by clicking the [icon](#): Or visit www.HorseSpiritConnections.com for more information, and to register.

"My 'awakening' during this workshop was moving and powerful. Our group was so filled with love and empowerment. I am filled with such joy and looking forward to rejoining my herd."

Dannielle Ayotte

"I work with horses every day and thought I had a deep connection with them. With Horse Spirit Connections I got a glimpse of how deep that magic goes."

Jamie Bray

Discover Your Inner Self
Through the Way of the Horse

Facilitated Inquiry Experiential Learning
Modern life leaves you little time for yourself and yet it is that very connection with your authentic self that allows you to flow with the stress and hectic pace of daily living. In this workshop you can learn to access that connection in ways that brings balance and harmony back into your life. Through the wisdom of the horse you will experience the power of being present and connected with your 'real' self.

With the horse you will:

- Expand your awareness
- Learn the message behind your emotions
- Improve your communication
- Learn how to set healthy boundaries
- Experience "Authentic Community"

Facilitated Inquiry Experiential Learning (FIEL) engages people by involving them in inquiry, reflection, action, and dialogue. It is a process of learning through experience. Through inquiry, people help each other by sharing their experiences. Because they are open to being influenced, they listen or reflect on the essence of the energy of the people around them. Hence offer a genuine interpretation of reality and personal growth.

No horse experience required. This workshop brings you together with horses in a fun, safe and unique experience. All of the specially designed activities are done on the ground and allow participants to make changes in your life.

"I have never attended a workshop like this before and I am so grateful for the breakthroughs it has given me. It is hard to put into words how much this experience touched me and opened my heart to my potential."

Tatton, \$475 (plus HST)
includes lunch, beverages and materials. A non-refundable deposit holds your space.

"I have never attended a workshop like this before and I am so grateful for the breakthroughs it has given me. It is hard to put into words how much this experience touched me and opened my heart to my potential."

Una West, Dundas, Ontario

For more information or to register, call 905-838-4400 or visit www.HorseSpiritConnections.com

[Download Flyer](#)

Healing with Horses & Reiki

June 6 & 7, 2015

Shelly Burton, a certified Reiki Practitioner, has teamed up with Wendy Golding to offer a two-day "Healing with Horses & Reiki" workshop.

The Magic of Horses

These beautiful, majestic, loving creatures mirror your emotions back to you and help you get in touch with your feelings. Horses intuitively recognize blocks in our physical bodies and auric fields and can help move the energy releasing repressed emotions and old patterns. For this reason, working with horses is a fun, gentle, and incredibly powerful way to accelerate the healing journey. Connecting with horses allows you to bring things to the surface that might otherwise be difficult to process. Combined with Reiki, it is then possible to move through these emotions with ease.



Reiki with Shelly

A Reiki session is an invitation to well-being, to shining from the inside out. It is an ancient practice that channels the powerful, nurturing energy that is all around us. It works like a battery pack to boost your natural healing ability. A treatment is deeply relaxing and rejuvenating, requiring little conscious effort.



Your body is wise and knows what it needs in each moment to heal. But in our world we're so busy and stressed that it's hard to access that wisdom and allow the body's own healing mechanisms to work. Reiki creates a nurturing environment that enables you to activate your innate healing wisdom.

The healing modality of horses is very resonant with Reiki.

Come and experience the dynamic combination yourself!
Be prepared to be amazed!

Download the Healing With Horses & Reiki by clicking on the [icon](#):
Or visit HorseSpiritConnections.com for more information and to register!

BONUS: Register by April 30th and receive a \$50 discount.



[Download Flyer](#)

Horse Medicine Workshop August 7, 8 & 9, 2015



In this three day workshop, discover the mystery of Horse Medicine where the horses are the gatekeepers of our higher self. During this popular workshop, explore what truly has heart and meaning for you. By touching the sacred, healing

and transformative realm of horse magic, connect with your aliveness and creative spirit and rejoin the peace, silence, and rhythm of nature. Activities in this Shamanic experience include a drumming journey to meet your animal guide, a guided meditative Horse Journey on horseback, Horse Reflections with your painted pony, and a Purification Ceremony.

"After years of personal training and development, I have never encountered anything as powerful for reaching and connecting with my emotions and heart. An extraordinary workshop." Darlene Varaleala

Our workshops bring you together with horses in a fun, safe environment where you will have a unique and memorable experience. Most of the exercises are done on the ground and riding experience is not necessary.

Download the Horse Medicine Workshop flyer by clicking on the [icon](#):
For workshop details and registration visit HorseSpiritConnections.com
Lodgings available on our nurturing and peaceful land.



Horse Spirit Connections

For more information or to register, call 800-558-4545 or visit

www.HorseSpiritConnections.com

or email info@HorseSpiritConnections.com

Workshop Dates: April 24-26, 2015

Location: Horse Spirit Connections, 10000 Hwy 101, Suite 100, Newbury Park, CA 91320

Phone: 800-558-4545

Fax: 805-494-9575

E-mail: info@HorseSpiritConnections.com

Website: www.HorseSpiritConnections.com

Hours: 9:00 AM - 5:00 PM

Cost: \$500 per person

Includes: Lodging, meals, workshop, and activities.

Space is limited. Call now to reserve your place!

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Journey to Authenticity Through the Way of the Horse

September 3 to 7, 2015

This intensive five day program brings you a deep connection with yourself and the world (seen and unseen) around you. Through this inner journey, feel an underlying sense of your True Self all the time! Your ego diminishes resulting in no longer being defensive, easily offended, or quick to anger. Find spiritual rejuvenation and delight in lasting changes.



It is hard to believe that horses can impact you in all the ways depicted above! This is a life changing journey!

Together with their 12 magical horse teachers, Wendy and Andre bring their extensive equine and spiritual coaching skills. This journey goes beyond horse activities and encompasses group and individual ceremonies on their sacred land including inside their Kiva - a unique pueblo style ceremonial space which enhances connection and visioning by being deep in Mother Earth's embrace.

Discover and become the person you have always wanted to be. This personal authenticity leads to heart-based living creating wholeness!

Contact Wendy by email Wendy@HorseSpiritConnections.com or phone 905-936-44505

FEEL Certification Training

The beginning of 2015 marks three FEEL Certification programs running concurrently. We are proud to have teamed up with Wilfrid Laurier University to provide FEEL training to mental health professionals.

Horse Spirit Connections founded the comprehensive six month FEEL (Facilitated Equine Experiential Learning)® Certification Program in 2008 to explore, expand, and share the incredible teachings of the horses with now over 140 graduates from across North America. FEEL is a leading-edge modality for developing

human potential where participants learn to create a horse-centered, experiential learning environment that supports personal growth. Throughout the training, prospective FEEL practitioners gain self-knowledge and acquire skills and experience to develop their own FEEL programs where horses are valued for their roles as teachers and therapists.

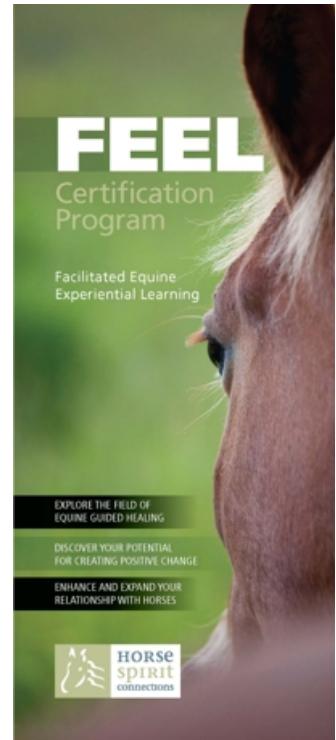
It is so gratifying for us to be instrumental in bringing such a powerful and healing modality into the world for both humans and horses.

Are the horses calling you?

We are accepting applications NOW for the upcoming FEEL training starting this November! Become part of the FEEL Community.

Visit HorseSpiritConnections.com/learning or email Wendy@HorseSpiritConnections.com to learn more about this exciting program and change your life!

To receive YOUR application, email Wendy@HorseSpiritConnections.com



[Download Flyer.](#)



**We invite you to ride into new directions this spring,
awakening your own freedom and power.**

Wendy & Andre

Quick Links:

[Horse Spirit Connections website](#)

[Horse Spirit Connections Facebook page](#)

[Horse Spirit Connections You Tube channel](#)

[Horse Medicine Lodge website](#)

[FEEL Alumni webpage](#)

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Try it FREE today.

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