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*I love it!*

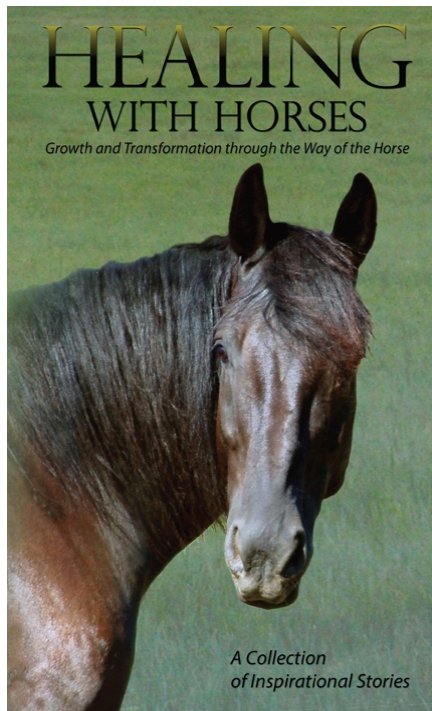
*The grass is sprouting and turning green, and so are the trees, even the evergreens are becoming more vibrant! The birds are active, the horses jogging out of the barn to get to the fields, everything and everyone seems to be coming out! And so are we!*

*Nine months ago an idea became a challenge. Then for myself, a commitment fueled months of soul searching followed by the inner mind wrestling of experiences, thoughts, perspectives and reflections. And finally, stepping through the door of self-doubt and cloaked in vulnerability I am pleased to say,  
The book is done, and published!*

**Andre**

Healing With Horses  
Wendy Golding & Andre Leclipteux, co-authors.

Get your signed copy today!  
Only \$24.95 including Canadian shipping  
(US shipping add \$10, International add \$20)


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*"Healing with Horses"* is an inspiring new collection of true stories about the extraordinary connection between horses and humans. Readers will step into and delight in the healing world of horses through the heart-warming personal accounts found in this enriching book published by Big Country Publishing, an international multi-media publisher. *Healing with Horses* is available in book and eBook formats at: Amazon.com, Amazon.ca, Barnes and Noble and iTunes.

Wendy Golding and Andre Leclipteux of Tottenham, Ontario are two of ten Canadian authors who expanded on their experiences and viewpoints explaining how horse interactions can be immensely therapeutic physically, emotionally, mentally and spiritually. The book reveals how horse healing touches the deepest part of the human heart and soul, reawakening our belief in magic, dreams and possibilities.

Stories featured in *Healing with Horses* explain how our horse companions act as mirrors for our feelings, reflecting our feelings back to us. In doing so, they help us find the way to fulfilling lives - speaking our own personal truth, developing confidence, finding connection and meaning, and opening the doorway to deeper creativity.

The authors share their stories to inspire the reader to explore their own 'calling of the heart' for freedom and connection. Beautifully told and profoundly moving, these stories of self-discovery through the way of the horse show the reader the way to authenticity and heart led lives.

"The FEEL (Facilitated Equine Experiential Learning)® Alumni Association is proud to sponsor this empowering book and present these inspirational stories highlighting stories of life changing journeys through the wisdom of the horse. I am full of pride of these passionate FEEL Graduates who have spent countless hours compiling their compelling stories in order to share their heartfelt experiences of the magic horses have brought into their lives" **Wendy Golding, Contributing Author, Co-Owner, Horse Spirit Connections**

## BACKGROUND:

"Healing with Horses: Growth and Transformation through the Way of the Horse" is sponsored by The FEEL (Facilitated Equine Experiential Learning)® Alumni Association and all contributing authors have acquired their certification in Facilitated Equine Experiential Learning (FEEL). FEEL is an increasingly popular way for developing human potential. Working on the ground in partnership with horses, people gain self-knowledge and acquire skills leading to positive life changes.

The FEEL Alumni is comprised of passionate women and men who are graduates of the intensive FEEL Certification Program. Their love and fascination of horses drew them to learn about a deeper connection with these very intuitive beings. [www.FEELalumni.com](http://www.FEELalumni.com)

For more information on the FEEL Program, visit [www.HorseSpiritConnections.com](http://www.HorseSpiritConnections.com) and check out [The Learning Center](#).

## Discover Your Inner Self Workshop Through the Way of the Horse May 30 & 31, 2015



Discover Your Inner Self is a journey of self-discovery that goes beyond the mind and body. It opens the mysteries of E-motions (energy in motion) and your heart's desire to be liberated as a human be-ing rather than a human do-ing. This workshop gives you tools to improve your life, be grounded and witness the magic surrounding you. Come and receive the gift of "you" from the horses. These magnificent beings will transport you to a new level of awareness for yourself and the world around you.

Join us May 30 & 31 and experience the magic of transformation with the horses as you embrace your pure essence.

No horse experience necessary. All horse work is done on the ground. Space is limited, click here for more details.

Download the Discover Your Inner Self Flyer, by clicking the [icon](#):  
Or visit [www.HorseSpiritConnections.com](http://www.HorseSpiritConnections.com) for more information, and to register.

Here's what people said about the Discover Your Inner Self Workshop:

"The horses really have a way of bringing out your authentic self. They do not tolerate any other way of being. This has been transformative and healing for my own journey."  
Natalie A., Palgrave



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"I came this weekend looking for peace of mind and techniques to help me deal with the day to day craziness of life. This workshop was amazing in teaching me how to balance my emotions and mindset."

Amna A., Kitchener

"This workshop has given me insights into what my feelings actually mean. It enabled me to recognize the message behind the feelings."

Aida P., Toronto

"If you are seeking a safe, supportive and knowledgeable path to increasing spirituality and exploring your authentic self - the horses and mentors at Horse Spirit Connections are incredible and inspiring"

Kebbie G., Port Perry

*Wendy is excited by the growing awareness of the healing power of horses. Elaine Capes, President of WHOA, wrote a paper for the University of Guelph which highlights the horse human bond. The following are excerpts taken from Elaine's paper.*

## The Human Horse Relationship: How humans are evolving from being predator to patient

Prepared for: Gayle Ecker, Equine Guelph: The Equine Industry

Prepared by: Elaine Capes,

"The good thing about humans, in my optimistic view, is that we have also evolved in ourselves and we have become so intrinsically linked with the horse that we see the need to change our ways and to take more responsibility and accountability for doing right by our long standing four legged friends. Associations and organisations have formed to develop and monitor guidelines and regulations, to lobby government bodies for change that will improve the equine practices of groups and individual horse owners, in order to secure a better standard of care for horses.

While many human horse relationships involve humans demanding some type of performance from their horse I would argue, that most people who are connected to horses feel a bond that they sometimes cannot describe. They feel a peace within themselves from being with their horses or around horses. Beyond riding them, they feel better for caring for them, grooming them, lazing in the field with them. My best friend, when I was 12 to 14, was my Hackney Pony. I cried on his shoulder, told him all my adolescent troubles and spent hours alone with him. He was my saviour... Generally speaking people are becoming more aware of the therapeutic benefits horses bring to humans. My hope is that this will be the next flourishing engagement we humans have with the horse.

This week I had the pleasure of interviewing Wendy Golding, founder of Horse Spirit Connections. Wendy explains; "The horse is a bio feedback mechanism, mirroring the individual they are working with allowing them to become aware of how they show up and

how that has an impact. They can see immediately how changing their own behaviour or thinking can be reflected in how the horse is."

In many thousands of years humans have come full circle to observing the horse, not as their predator, but to be their patient. Observing and standing with a horse to understand themselves. To allow the horse to reveal to them their own anxieties, to help heal them, to allow them to be reflective to understand their inner needs, to put humans in the role of patient, on the receiving end of the teaching from the horse. The future is not in the human mastering the horse but in the improvement of human life from the inside through horse therapy. I would love to imagine that the horse would make and hold its place as human healer for the next half millennium."

## Horses in the News

By Kate Kerr

Paul Nichols, a Canadian Veteran, with his family are **"Communities For Veterans, Ride Across Canada"**. Their main goal is to bring awareness to the communities that house veterans integrating back to civilian life. The recognition is deserving of them.



Our veterans have gone where they needed to go and done what they needed to do for our country. Each returned changed in some way and these changes should be recognized by the communities they come home to and supported with gratitude anyway we can.

No longer are they returning in droves, they come back one by one, alone, without the support of fellow veterans to talk to, they return to a community that doesn't know the enormity of "Peace Keeping". There is no "been there, done that". They re-enter innocence that has no knowledge of the opposite. They have seen both sides and need to express how they have been altered without judgment. "It takes a Village" of compassion and understanding. They can't change what they have seen or felt but they can look at and be looked at from a different perspective...they made a difference somewhere and they will make a difference at home.

Paul and the **"Communities For Veterans, Ride Across Canada"** entourage will be riding into communities across this fine land, they will be gathering the troops of veterans from these communities, teaching those who don't know how to ride, through the guidance of Terry Nichols and her extensive knowledge associated with therapeutic riding, ride the route and tell their story through each village, town and city, bringing awareness. They will

be noticed.

Each veteran has a story to be told and one worth listening to, their truths, from their perspective. We will hear from both sides, we will hear of how military life has affected the lives of those who joined.

Please support this enormous undertaking. The horse (Zoe) in particular, brought Paul back to his family and community, let's help "The Ride" walk other veterans back into their safe havens of life.



For those reading this newsletter, you have probably felt the difference "the horse" has made in your life. Let's pay it forward to those who have served our country and support in whatever way we can.

Communities for Veterans Ride Across Canada website:

[www.communitiesforveterans.com](http://www.communitiesforveterans.com)

Or

Join them on facebook and read the stories by clicking the veterans' pictures: Communities For Veterans, The Ride Across Canada Foundation.



Quick Links:

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