



HORSE
spirit
connections



awaken YOUR mind, body and
soul to new possibilities

We've all been awed by the beauty, power and dignity of horses. But beyond their majesty, horses have a strong natural desire to be of service. They possess a keen sense of perception and intuition which they developed over the years for their survival. Horses sense your true emotions and intent – and this makes them exceptional teachers and healers. In fact, they are consummate facilitators in the work of human development and spiritual growth.



HOW can we BRING positive change to YOUR life?

Horse Spirit Connections offers you an opportunity to discover more about yourself than you can imagine! Working with horses is immensely therapeutic, physically, mentally and spiritually – helping you regain long-forgotten abilities that help heal the imbalances of modern life. Together, we facilitate the reconnection of your heart and soul in transformational sessions that touch the deepest part of the human spirit.

what is our approach?

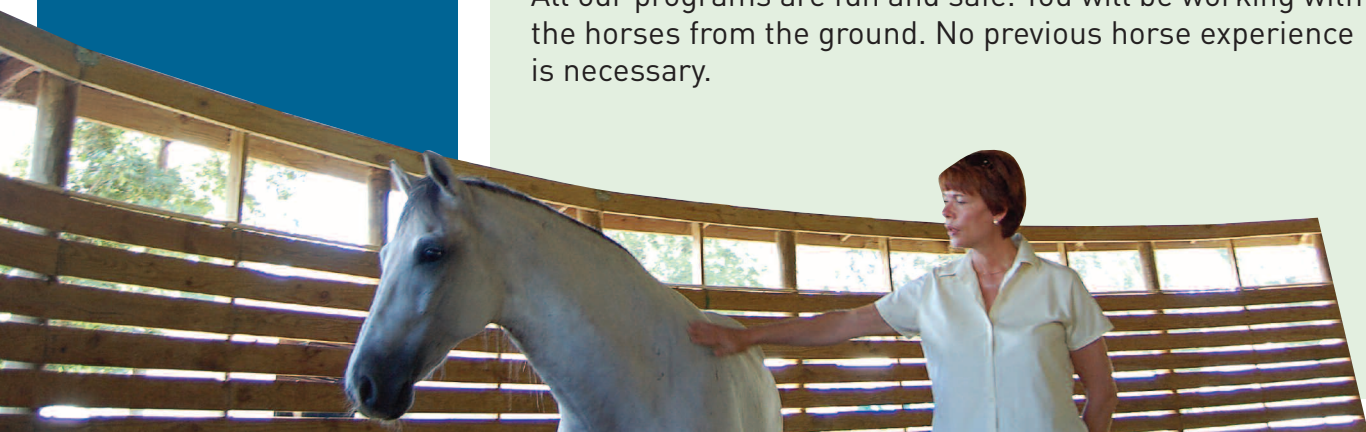
To maximize impact and retention, Horse Spirit Connections employs Equine Facilitated Experiential Learning (EFEL), an innovative means to self-development.

With EFEL, you participate fully with your mind, body and spirit. You “learn by doing”, with reflection from the horses. These sensitive, intelligent creatures mirror the emotions and energy of the people around them, providing instant, non-judgmental feedback. Horses sense everything from a broken heart to an injured knee – and then provide an energetically compassionate space for healing. Always honest, always direct, the horses show you how to create new possibilities for your life.

All our programs are fun and safe. You will be working with the horses from the ground. No previous horse experience is necessary.

“My current intent is to engage more fully in life and magically, every experience in this workshop supports this intent and showed me the way to accomplish this. Yahoo!”

- Susan Cozzi
Participant



what programs are available to you?

Horse Spirit Connections offers four types of workshops and various levels within each:

Epona Approach™

Named for the Ancient Celtic Goddess Epona and derived from the Celtic word for “horse”, this workshop helps you let go of old fears and begin new growth. Epona was known for her ability to unlock the gateway to the Otherworld, and in the same way, Horse Spirit Connections can help you unlock the door to expanded awareness, an opening of your heart, a strengthening of your intuition and an increase in vitality.

Youth Empowerment

Interaction with horses removes teens from their “comfort zone” and requires different communication skills. With EFEL, teens will increase their self-confidence, uncover personal issues, develop their intuition and deepen their trust and respect for themselves and others.

Spiritual Awakening

Horses are our spiritual guides in this journey to discover our inner selves. They teach us about the animal world and their special perceptions and awareness of life, which open up new dimensions for us. We place ourselves in the sacred realm of the natural world, opening the way for experience, reflections and dialogue.

Authentic Leadership

Great leaders demonstrate integrity, trust, vision, and presence. At Horse Spirit Connections, you enhance these qualities by becoming the leader of the horse. The horses' generosity of spirit and patience provides feedback to help refine your style and develop new skills.

For workshop details visit www.HorseSpiritConnections.com

“Dusty gave me the gift of remembering myself as a child - how much naturalness, curiosity, hope and love I had, how much I felt - and allowed me to feel it again as an adult.”

- Patricia O'Callaghan
Participant



what are our qualifications?

Our team is expertly qualified to help you on a journey of transformation. Biographies of our facilitators are available at **HorseSpiritConnections.com**

what's the next step?

Workshops are held regularly throughout the year. Please check the website for the current calendar. Special workshops for groups may be arranged at your convenience. Private sessions are available year-round.

Held just north of Toronto in a tranquil, peaceful setting, Horse Spirit Connections brings you a truly special opportunity to enhance your mental focus, creative visualization and clarity of intent – and to live more purposefully and authentically. Join us!



WHERE HORSE interaction leads to human insight



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Visit **HorseSpiritConnections.com**
to learn more or

Call **416 674 1500, ext 223 or 236**
or **905 936 4450**

Horse Spirit Connections Inc. is a non-profit corporation dedicated to promoting transformation and personal growth through the wisdom of the horse.

Front Cover: Finola of Fina Vista Farm photographed by Leslie Town